

## **Supplies**

- 1. Bowl
- 2. Clean tube brush
- 3. Gauze dressing

Inner cannulas should be cleaned at least daily and more often as needed to remove mucus build up and keep tube surfaces clean.



Prepare a bowl with tap water (drinkable), or if needed, sterile or distilled water.



Rinse your used inner cannula in the bowl. This can also be done under tap water.



Bend brush to align with curvature of cannula if using a rigid tube.



Clean the inner cannula by inserting the brush into the distal end of the tube. Brush to remove mucous.



If brushing from the connector end, close the distal opening with your thumb to prevent the brush from coming out and damaging the cannula.

Also brush outside of inner cannula.



Rinse inner cannula in a clean bowl of water or under lukewarm tap water.



Leave cannula to air dry. Place in clean and dry storage container until next use.



Rinse the tube brush in clean water after use.

## Attention

Never insert the brush into the tracheostoma itself to clean. The inner cannula must always be removed from the outer tube prior to cleaning



Watch video instructions here







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